



February 2012

Newark City Schools



Preferred Meal Systems, Inc.

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4-12 T (C2)

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
 President's Day	CHICKEN NUGGETS (WHOLE GRAIN) <i>Alternate Menu Items Available</i> Mixed Vegetables Blended Fruit Juice Hamburger Bun	GRILLED CHICKEN FILLET <i>Alternate Menu Items Available</i> Garden Green Peas Peach Cup Hamburger Bun	CHICKEN TENDERS (Whole Grain) <i>Alternate Menu Items Available</i> Potato Rounds Fresh Apple Hot Dog Bun Fritos	RIB-B-QUE <i>Alternate Menu Items Available</i> Baby Carrots Pear Cup Hamburger Bun
27	28	29		
POPCORN CHICKEN <i>Alternate Menu Items Available</i> Potato Rounds Applesauce Cup Vanilla Cookie	HAMBURGER <i>Alternate Menu Items Available</i> Garden Green Peas Mixed Fruit Cup Hamburger Bun Garlic Breadstick	CREAMY CHICKEN PASTA <i>Alternate Menu Items Available</i> Cut Green Beans Pear Cup Hamburger Bun	Middle School Donatos Pizza Available Thursday's	High School Donatos Pizza Available each day
***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.			***MENU SUBJECT TO CHANGE.	

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