



February 2012

Newark City Schools



Preferred Meal Systems, Inc.
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4-12 T (C1)

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
 President's Day	TOASTED CHEESE SANDWICH ON WHOLE WHEAT BREAD Garden Green Peas Peach Cup	TURKEY TACO MEAT Mixed Vegetables Blended Fruit Juice WG Tortilla Rounds	CHICKEN TENDERS (Whole Grain) Potato Rounds Fresh Apple Fritos	BEAN & CHEESE BURRITO **Donatos Pizza Tossed Salad Mixed Fruit Cup
27	28	29		
POPCORN CHICKEN *Donatos Pizza Grape Juice Applesauce Cup Vanilla Cookie	SPAGHETTI W/MEAT SAUCE(WHOLE GRAIN) Garden Green Peas Mixed Fruit Cup Garlic Bread Stick	BAGEL DOG Potato Wedges Pear Cup	*Monday Pizza Schools Carson Hillview John Clem Cherry Valley	**Friday Pizza Schools Legend Par Ex. McGuffey Ben Franklin
***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.			***MENU SUBJECT TO CHANGE.	

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