






February 2012

Newark City Schools



Preferred Meal Systems, Inc.
preferredmealsystems.com

BRKFST

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
				
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
 President's Day	PANCAKE & TURKEY SAUSAGE ON A STICK Orange Pineapple Juice	BANANA MUFFIN Apple Juice	BREAKFAST BURRITO Blended Fruit Juice	CRISPIX Rockin' Raisin Muffin Apple Cranberry Juice
27	28	29		
COCOA KRISPIES Cinnamon Breakfast Square Blended Fruit Juice	CHICKEN BISCUIT Grape Juice	APPLE JACKS REDUCED SUGAR Blueberry Muffin Orange Juice		

***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

***MENU SUBJECT TO CHANGE.



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